

CITY OF BROOK PARK, OHIO

RESOLUTION NO. 6-2019

INTRODUCED BY: COUNCILMAN ORCUTT, *C/W + MAYOR GARNINELLA*

A RESOLUTION
PROCLAIMING JUNE 8, 2019 AS
'GLOBAL WELLNESS DAY,' IN BROOK PARK
AND DECLARING AN EMERGENCY

WHEREAS, healthy citizens are needed to create healthy communities; and

WHEREAS, there is a growing body of evidence that the promotion of health and wellbeing can help diminish the prevalence and severity of chronic disease; and

WHEREAS, there is evidence that by supporting our families and our community's needs we can help create positivity and good feelings throughout our city; and

WHEREAS, we, in Brook Park seek better vitality, health and wellness for all of our citizens and know the importance of Global Wellness Day as a social movement devoted to living well with huge success embraced around the world; and

WHEREAS, we, as a community, need to encourage each person to embrace responsibility for his/her own health, the health of our planet, our family units and for each other; and

WHEREAS, we acknowledge that healthier people contribute to society by being better family members, more productive employees, better students, better friends and better citizens, and

WHEREAS, the residents of our City could benefit from a day to learn about sustainable wellness practices for ourselves and our environment and also how to provide help to and receive help from our community services, and

WHEREAS, on June 8, 2019, in 100 countries around the world, millions of people will gather to celebrate Global Wellness Day and its 7-step manifesto consisting of:

Walk for an Hour
 Drink More Water
 Don't Use Plastic Bottles
 Eat Healthy Food

Do a Good Deed
 Have a Family Dinner
 Go to Bed at 10 p.m.

NOW THEREFORE BE IT RESOLVED, by the Council of the City of Brook Park, State of Ohio that:

SECTION 1: This Council does hereby request that all residents of this community join with citizens of other communities recognizing "Global Wellness Day" as it is essential to promote health and well being and the quality of life not only on June 8, 2019, but all through the year as well.

SECTION 2: It is found and determined that all formal actions of this Council concerning and relating to this Resolution were adopted in an open meeting of this Council, and that all deliberations of this Council and of any of its committees that resulted in such formal actions were in meetings open to the public in compliance with all legal requirements, including Section 121.22 of the Ohio Revised Code.

SECTION 3: This Resolution is hereby declared to be an emergency measure immediately necessary for the preservation of the public peace, health, safety and welfare of said City, and for further reason to celebrate June 8, 2019, as "Global Wellness Day" in the City of Brook Park; provided that this Resolution receives the affirmative vote of at least five (5) members elected to Council, it shall take effect and be in force immediately upon its passage and approval by the Mayor; otherwise, from and after the earliest period allowed by law

PASSED: April 14, 2019

Michael Keenan
 PRESIDENT OF COUNCIL

ATTEST: Michelle Blazak
 Clerk of Council

APPROVED: [Signature]
 MAYOR

I HEREBY APPROVE THE WITHIN INSTRUMENT AS TO LEGAL FORM AND CORRECTNESS

CERTIFICATE

Michelle Blazak, Clerk of Council, of the City of Brook Park, Ohio, do hereby certify that the foregoing is a true and accurate copy of Ordinance/Resolution No. 6-2019 passed on the 14th day of April 2019 by said council.

Michelle Blazak
 Clerk of Council

I, Michelle Blazak, Clerk of Council for the City of Brook Park, State of Ohio, do hereby certify that there is no newspaper of general circulation in the municipality and that publication of the foregoing ordinances/resolutions was made by posting true copies at six of the most public places in said municipality as determined by Ordinance No. 4838-1975; location City Hall 6161 Engle Road, Police Station 17401 Holland Road, #1 Fire Station 5590 Smith Road, #2 Fire Station 22530 Ruple Parkway, #3 Fire Station 17401 Holland Road, Brook Park Library 6165 Engle Road, for a period of fifteen days.

commencing April 18, 2019

Michelle Blazak
 MICHELLE BLAZAK
 Clerk of Council

4/16/19
 DATE

	Yea	Nay
Stemm	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Mencini	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Orcutt	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Scott	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Burgio	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Polindexter	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Salvatore	<input checked="" type="checkbox"/>	<input type="checkbox"/>