

Learn to Swim Program

Spring 2008 (Mini Session)

Session II: April 28-May 24, 2007 (4 Weeks)

Registration: April 14-April 27, 2007 Registration form on back of this sheet.

REGISTRATION WILL BE ON A FIRST COME FIRST SERVE BASIS REGARDLESS OF RESIDENCY. PAYMENT UPON REGISTRATION IS REQUIRED, UNLESS THE CLASS IS FULL AND YOU ARE PUT ON A WAITING LIST.

Code			Start/End
LTS01 Level I	Monday & Wednesday	5:00-5:30 pm	4/28-5/21
LTS02 Level II	Monday & Wednesday	5:30-6:00 pm	
LTS03 Level III	Monday & Wednesday	6:00-6:30 pm	
LTS04 Level IV	Monday & Wednesday	6:00-6:30 pm	
LTS05 Level V	Monday & Wednesday	6:30-7:00 pm	
LTS06 Level VI	Monday & Wednesday	6:30-7:00 pm	

CLASSES OFFERED ONCE A WEEK:

			Start/End
LTS07 Infant Swim	Saturday	9:30-10:00 am	(All Sat. Classes)
LTS08 Pre-school II	Saturday	9:30-10:00 am	5/3-5/24
LTS09 Pre-school I	Saturday	10:00-10:30 am	
LTS10 Level I	Saturday	10:00-10:30 am	
LTS11 Level II	Saturday	10:30 -11:00 am	
LTS12 Level III	Saturday	10:30-11:00 am	
LTS13 Level IV	Saturday	11:00-11:30 am	
LTS14 Level V	Saturday	11:00-11:30 pm	
LTS15 Level VI	Saturday	11:30am-Noon	
LTS16 Level I	Saturday	11:30am-Noon	

- All Learn to Swim classes must have a minimum of 5-registered participants for the class to run.
- Class days and times are subject to change.
- A class may be cancelled or combined if there are insufficient numbers.
- Makeup classes must be approved by the Aquatics Director. Make up classes will only be approved if there is space available in the class. Refunds/class credits will not be issued for missed classes.

Classes offered 2 times per week:

Resident, Member: \$16
 Resident, Non Member: \$20
 Non-Resident, Member: \$24
 Non-Residents, Non-Member: \$30

Classes offered 1 time per week:

Resident, Member: \$8
 Resident, Non Member: \$10
 Non-Resident, Member: \$12
 Non-Resident, Non-Member: \$15

Class Description

Infant Swim: Ages 6mo. - 2yrs. This class will focus on water acclimation and interaction between parent and child. Children will learn how to enjoy the water with songs and games.

Pre-School I: Ages 2-3 yrs. Parents accompany child into the water to work on swimming readiness skills. Water adjustment, underwater exploration and water safety are all part of this beginner class.

PLEASE BE ADVISED THAT IT IS OUR POLICY THAT ALL CHILDREN UNDER THE AGE OF 4 MUST REGISTER FOR PRE-SCHOOL I. REGISTRATION FOR PRE-SCHOOL II MUST BE APPROVED BY THE AQUATICS DIRECTOR; ACCEPTIONS WILL ONLY BE MADE IF YOUR CHILD IS WITH IN 4 MONTHS OF TURNING 4 AND IS COMFORTABLE IN THE WATER.

Pre-School II: Age 4 yrs. Children work on swimming readiness skills, and learn to be comfortable in the water. All participants will learn front float, back float and work on the basics of stroke technique.

Level I: Ages 5 and up. Children learn to be comfortable in the water, and work on swimming readiness skills. Participants will learn water safety, floating (supported) and going under water with blowing bubbles.

Level II: Ages 5 and up. Child should swim independently. Front float, back float unassisted will be introduced. This class will work on front crawl with rotary breathing and back crawl.

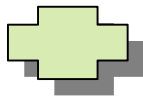
Level III: Ages 5 and up. Child must be able to swim front crawl 10 yds. with rotary breathing. Exploration of deep water, elementary backstroke, butterfly, diving and treading water will be introduced.

Level IV: Ages 5 and up. Child must be able to swim front crawl 25 yds. (one length) of the pool, with rotary breathing, and back crawl 25 yds. Breaststroke, sidestroke, butterfly will be demonstrated.

Level V: Ages 6 and up. Child must be able to swim front crawl 50 yd. Must be able to demonstrate breaststroke, and sidestroke. Participants will learn survival swimming, flip turns, and diving.

Level VI: Ages 6 and up. Child must be able to swim 100 yds. of front crawl and back crawl with turns. Breaststroke, butterfly, sidestroke and elementary backstroke should be defined. Swimmers will work on executing these strokes with greater ease, efficiency and power. Endurance workouts will be part of this class.

Adult (Beginner): This class is designed for the beginner swimmer. Floats, treading water, front and back crawl will be taught.



AMERICAN RED CROSS AFFILIATED

If you have questions about what level to register your child, contact Andres Gonzalez, Aquatics Director at 216-433-1545 Ext. 4270

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Learn to Swim Registration
Spring 2008 (Mini Session)

Name _____ Age _____ Parents Name _____
(Participants)

Address _____ City _____ Zip _____

Phone (____) _____ Cell (____) _____ Pager _____

Emergency Contact _____ Phone (____) _____

Class Code _____ Class Name _____ (Level) Fee _____

The City of Brook Park is affiliated with and upholds the standards of the American Red Cross in sponsoring training programs in Water Safety and Aquatics. I the undersigned, do assume all risks and hazards while participating in the aquatic program, including transportation to and from the program; agree that neither the City of Brook Park, the Recreation Department nor any staff connected with the program will in any way be liable for any injuries or medical expenses that may occur.

Parents Signature _____ Date _____

Office Use Only: Fee: _____ Date: _____ Receipt#: _____ Emp: _____